

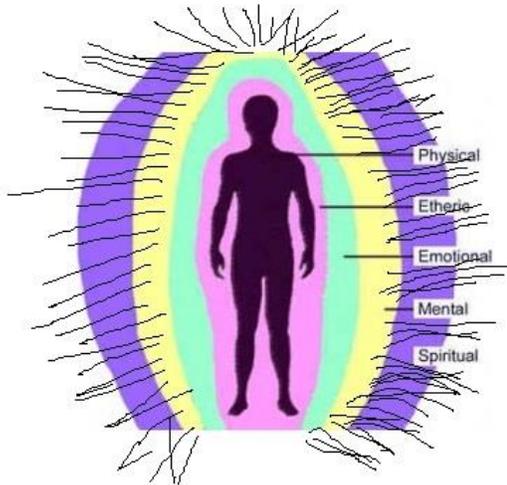


Porcupine Reactivity

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Porcupine reactivity is a form of Triple Warmer (Yang Gatekeeper) reactivity where the third level of the aura flips its electro-magnetic direction. This sends energies outward to protect your shields from perceived threats. Unfortunately, since so much energy is going outward for protection, this causes your life support systems to go on “brown out”.

In the aura, it looks something like this:



When you are in porcupine reactivity, you might seem prickly or off-putting to others. You may or may not feel agitated, grumpy, gnarly, over-energized or exhausted, depending on how long you have been sending too much energy to the shields. You might be in an over-excited state OR feel unnaturally calm and detached or listless.

Porcupine Reactivity is a level of greater alarm than the state Donna Eden has called “Triple Warmer Reactivity”. Someone testing OK for having an unbalanced Triple Warmer meridian (finger test on the temple), for being in TW reactivity (thumb on fourth finger, middle section and test), or for having their TW in radiant circuit mode (finger tips behind the ear), may still test OUT for Porcupine Reactivity.

It is as if the Gatekeeper, seeing that the threat is an on-going or whole-system threat, just sends all its protective resources out to the shields. It is like the old Star Trek episodes, when the Enterprise was being attacked – the shields were reinforced, but inside the ship, the lights were low, the heating-cooling system was off, and all but vital functions were scaled back to bare necessities.

Checking for Porcupine Reactivity

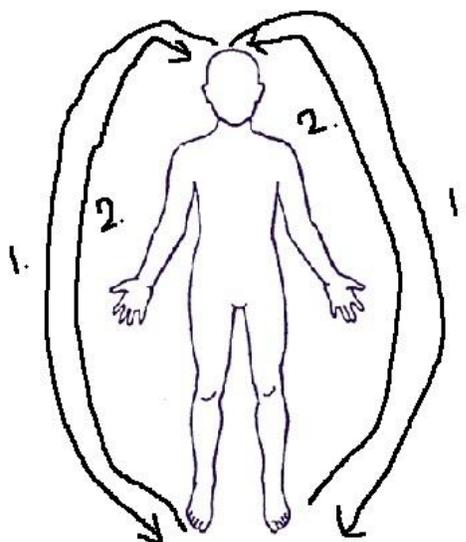
It is easy to check for porcupine reactivity. With your hand at arm's length, palm facing the body, do an energy test. It should test strong.

Then with your hand in the same place, at arm's length, turn your hand so the palm is facing outward (back of the hand facing the body). Do an energy test – it should test weak.

If either test is reversed, the person you are testing is in Porcupine Reactivity.

Tube Sock Correction

The correction is also simple. I call it the Tube Sock correction because it is like turning an inside-out sock right-side out again – only in this case, it is the third layer of the aura that you are turning right-side out.





1. Place both hands at the crown of the head, as if grasping the edges of a sock that is inside out. (Note: if you are literal minded, cut off the toe of the sock so it is just a tube with both ends open).

2. Breathe IN and pull both hands up to full extension above the head.



3. Breathe OUT and pull each hand out and downward in an arc (curved like the aura bows out around the body) and tack the ends of the “sock” to the ground.



4. Grab the other ends of the tube, and with your IN breath, pull the “sock” up, bowing out with your hands in line with the 3rd level of the aura.

5. With an OUT breath, tack the ends to the crown of your head.

YOU CAN REPEAT THIS CORRECTION AS MANY TIMES AS NECESSARY
 – After the first correction, it does not flip the sock inside out again!

Retest: you should get a strong test with the palm at arm’s length facing the body and a weak test with the palm at arm’s length facing away from the body.

After Correcting for Porcupine Reactivity

Usually you (or the client) feel much relieved after correcting for Porcupine Reactivity. It can greatly shift the distribution of energies via the meridians, aura, etc. It is a good technique for someone to do throughout the day as an initial Gatekeeper Reset tool. Since it does no harm to correct, even when it isn’t needed, clients can learn to do this when they feel gnarly, and not worry about knocking anything out of balance.

Often if Triple Warmer is no longer responding to EEM techniques for calming or sedating it, the problem is resolved by correcting for Porcupine Reactivity. Occasionally, it is necessary to also sedate TW after doing the Tube Sock correction – in these cases, the TW will now respond to the basic EEM techniques for calming it.

When your Porcupine Reactivity correction won’t hold

Remember, your Gatekeeper is going into reactivity to protect you – often it is protecting your YIN, the inner sanctity of the Self. So the quick thing to try is to bring radiance to your heart. Figure-8 it side to side to pull it out of homolateral, and then hook it up with a radiant circuit anchor point.

ANOTHER HINT: We also have an INNER porcupine! Test by sending your intention inside your body, 3 aura layers down, and use the polarity test described above. It should be strong facing the body, weak facing away from the body. If not, use a tube sock correction starting at your 3rd eye, sending your intention inward to that 3rd level of the inner aura.



This is a BIG topic, covered more fully in a two-day class, titled “**Gatekeeper**” and available on DVD via www.ellenmeredith.com, the Beyond Innersource store at www.innersource.net, or at www.amazon.com. Email me at sdenerymedicine.com with queries.

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